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December 14<sup>th</sup>, 2021

**CHRISTMAS ISLAND FOOD BAG DONATION- Tuesday, December 21<sup>st</sup>, 2021**

Charlottetown, PEI

Farm & Food Care PEI is donating 200 Island Food Bags to Islanders this holiday season. 120 Food Bags will be donated to the Charlottetown Food Bank and the Summerside Salvation Army. 30 will be used to refill the PEI Community Fridge in Charlottetown. These donations will be dropped off to these locations, Tuesday, December 21<sup>st</sup>. The remaining Island Food Bags will be distributed at the local Canadian Tire in Charlottetown that afternoon.

The "Island Food Bag" includes:

- 5lbs of PEI Potatoes
- 5lbs of Island Carrots, Parsnips, Turnips & Cabbage (pack)
- 3lbs of Apples

**"We, as food producers know it's important to share our great Island produce, there are so many benefits to sharing our local food; it's healthy, nutritious and so much care goes into growing food sustainably. Christmas is a special time of year, and it is important communities and families have local food around their table"**  
Chair, Ron Maynard, Farm & Food Care.

For more information about Farm & Food Care visit [www.farmfoodcarepei.com](http://www.farmfoodcarepei.com)

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